



## Mobility / Adaptive Aids Resources

October 2024

1. Arthritis Society of Canada: [Assistive Devices Resource](#)
2. Very Well Health: [Stay Independent with These Assistive Technologies](#)
3. Psychology Today: [A New Label for Me: Dynamic Disability](#)
4. The Foundation for Peripheral Neuropathy: [Assistive Devices for Peripheral Neuropathy Muscle Weakness](#)
5. UDS Foundation: [An Overview of Adaptive & Assistive Devices for... Disabilities](#)
6. Creaky Joints: [19 Ways to Ask Loved Ones for Help \(Without Feeling Like a Burden\)](#)
7. Healthline: [Assistive Devices for Rheumatoid Arthritis \(and chronic illness\)](#)
8. Very Well Health: [Fibromyalgia & Chronic Fatigue Syndrome Mobility Aids](#)
9. WebMD: Assistive Devices: [Living Better with Arthritis \(and other conditions\)](#)
10. Creaky Joints: [21 of the Best-selling Assistive Devices...](#)
11. Creaky Joints: [13 Random Household Object that Can Help with Arthritis Pain](#)
12. Everyday Health: [Nerve Stimulation Devices for Migraine Treatment](#)
13. Creaky Joints: [12 Ways to Make Getting Dressed with Arthritis...Easier](#)