



Stages of Grief in Chronic Pain Articles

1. The Mighty: [How to Move Forward When You're Grieving Your Life Before Chronic Illness>>](#)
2. WebMD: [Depression and Chronic Pain>>](#)
3. Psychology Today: [7 Tips for Making Peace with Chronic Pain and Illness>>](#)
4. National Alliance on Mental Illness: [Living with Depression...>>](#)
5. CFSselfhelp.org: [Grieving Your Losses>>](#)
6. TaraBrach.com: [Meditation: Radical Acceptance of Pain>>](#)

Parenting a Child with Chronic Pain/Illness

1. Texas children's.org: [Psychological complications of chronic illness>>](#)
2. Seattle Children's: [Parents of Kids with Chronic Pain benefit from Psych Therapies too>>](#)
3. Mott Children (U Michigan): [Helping Your Child Cope with Pain>>](#)