

# Personal Relationships' Articles

Dec. 2022

# **Dating**

- 1. CreakyJoints.org: How to Talk to a New Dating Partner ... Illness and Disabilities...
- 2. Psychology Today: Dating and Chronic Illness
- 3. The Mighty: To the Chronically Ill Singles
- 4. CreakyJoints.org: <u>I am Not a Burden...Even Though Dating Makes Me Feel Like I Am</u>

### Family and Friends' Relationships

- 1. BLB ChronicPain: 15 Ways to Support a Partner with Chronic Pain
- 2. Northern Pain Centre: Chronic Pain and Relationships
- 3. TherapistAid.com: Fair Fighting Rules
- 4. WebMD: 7 Ways to Keep Your Relationship Strong Despite a Chronic Illness
- 5. Psychology Today: What Happens When Partners Fight Chronic Pain Together?
- 6. Mayo Clinic: Chronic Pain or Illness: Relationships and Communication
- 7. WomensHealthMatters.org: Friendship for Those Living with Chronic Illnesses
- 8. WebMD: 7 Ways to Keep Your Relationship Strong Despite a Chronic Illness

#### Work & School

- 1. HealthTalk.org: Coping with Work and Study with Chronic Pain
- 2. Harvard Business Review: When Someone on Your Team has Chronic Pain
- 3. Pathways: How Can I Work When... in Pain? Tips for Managing ... in the Workplace
- 4. ArizonaPain: This is How You Can Manage Chronic Pain at Work

# Children's books to help young children understand pain:



Why Does Mommy Hurt? by Elizabeth Christy
Ravyn's Doll by Melissa Swanson
Why Are You Sad? by Beth Andrews
When Pete's Dad Got Sick by Kathleen Long Bostrom
How Many Marbles Do YOU Have? Melinda Malott
Mommy Has To Stay In Bed by Annette Rivlin-Gutman
Mommy's Going to the Hospital by Josie Leon
When Mommy Is Sick by Ferne Sherkin-Langer