

# Stained Glass Painting

with Kate



1. Start by tapping off lines all over your canvas.
  - a. (i.e. painters tape on canvas or dark marker on a piece of paper)
  - b. You don't have to this ahead of time; we will be taping off together.



2. Next paint/ draw with the colors of your choice in the empty spaces.
  - a. Be sure to paint away from the tape to make crisp lines.
  - b. The thickness of your lines and the pattern you choose is up to you (lots of ideas online)
  - c. There are NO mistakes with painting. 😊 Feel free to mix colors!



3. Wait for paint/marker to dry completely.

4. Carefully pull up the painter's tape.
  - a. You may need to do some touch up, where the paint bled under the paint or where the paint is torn off by the tape.
5. If you want to leave the lines white, then you are done.
  - a. If you want a different look paint the lines in.
6. Sign and date your beautiful work! Please send in a picture of your finished pieces, we would love to see them. Please let my boss know if you enjoyed "art for pain"



Thank you!

