



Potential Discussion Questions

Medical Appointments 2022

1. What's the most challenging issue you have during medical appointments? Explain.
2. A medical notebook can help keep track of symptoms, questions, medication refills and notes at appointments. Would you consider using one? Have you tried this either electronically or with a regular notebook?
3. What is your system for tracking your doctor's appointments, following up on refills, or scheduling tests?
4. At appointments have you discussed the functional limitations caused by pain and other symptoms? (For example, I can only shower 2 times a week and I can no longer cook.)
5. Do you know the best way to communicate with your doctor's office for questions about refills and other concerns?
6. Have you tried telehealth appointments? If yes, what were the pros and cons?
7. What are some reasons you would hesitate to do a telehealth visit? (Ex: privacy in the home, not sufficient technology support, lack of equipment, prefer in person)