



Acceptance Articles

May 2022

1. Psychology Today: [Accept Your Pain; It Will Hurt Less>>](#)
2. Elizabeth Kübler-Ross Foundation: [Kübler-Ross Change Curve>>](#)
3. The Mighty: [How to Move Forward When You're Grieving Your Life Before Chronic Illness>>](#)
4. Psychology Today: [7 Tips for Making Peace with Chronic Pain and Illness>>](#)
5. Anxiety & Depression Assoc of America: [Living with Chronic Illness>>](#)
6. VeryWellMind: [What is Radical Acceptance?>>](#)
7. The Mighty: [When Chronic Illness Leaves You Struggling with Acceptance>>](#)
8. Blog - Mycuppajo.com: [Acceptance Revisited - What has Acceptance Meant to Me?>>](#)
9. Aeon Digital Magazine: [The Best Life Possible>>](#)
10. Painscale.com: [Accepting a Chronic Pain Diagnosis>>](#)

Children with Chronic Pain

1. Psychology Today: [Creating a Fulfilling Life for Your Chronically Ill Child>>](#)
2. Healthy Children.org: [Living with a Chronic Illness or Disability>>](#)