

## **Stages of Grief in Chronic Pain Articles**

- 1. The Mighty: <u>How to Move Forward When You're Grieving Your Life Before</u> <u>Chronic Illness>></u>
- 2. Psychology Today: 7 Tips for Making Peace with Chronic Pain and Illness>>
- 3. WebMD: <u>Depression and Chronic Pain>></u>
- 4. National Alliance on Mental Illness: <u>Living with Depression...>></u>

## Parenting a Child with Chronic Pain/Illness

- 1. Texas children's.org: <u>Psychological complications of chronic illness>></u>
- 2. Pediatrics AAP: <u>A Roadmap to Emotional Health for Children and Families</u> with Chronic Pediatric Conditions>>
- 3. Seattle Children's: <u>Parents of Kids with Chronic Pain benefit from Psych</u> <u>Therapies too>></u>
- 4. Mott Children (U Michigan): <u>Helping Your Child Cope with Pain>></u>